

Post Treatment For Chemical Peel

- A slight rosy glow, much like sunburn, may appear for approximately 24-48 hours.
- You can resume most daily activities or return to work immediately.
- Direct sun exposure must be avoided. A minimum SPF 15 UVA/UVB Broad spectrum sunscreen must be used and reapplied every 2-3 hours.
- All tanning must be avoided (including tanning beds).
- Proper home care would include: Mild cleanser, hydrating moisturizer and sunscreen. If we are treating hyperpigmentation, the use of lightening products are strongly recommended. (**Living Cell Clarifier, Derma Pigment Skin Brightener, Derma Pigment Bleaching Fluid**)
- Do not use Alpha Hydroxy Acids, Benzoyl Peroxides, Retinol or topical acne medications for 24-48 hours following treatment.
- Prescriptions Retinoid products can be resumed 3 days after peel. If a series are peels are being performed, products should not be resumed until after the last peel has been completed.
- If your skin is irritated and sensitive post peel, apply **Age Management Comfort Cream** with 200% Aloe Vera and Vitamin E. Cold compresses can provide relief if discomfort occurs. Please follow-up with your aesthetic professional for recommendations with discomfort.
- Mild flaking occurs in 2-3 days, but may continue for 7 days. Each individual is unique; some may experience no flaking and some may experience slightly more.
- DO NOT peel, pick scratch or scrub skin as this can result in scarring and/or infection. No waxing, electrolysis, laser or other hair removal methods for 30 days.

- No neurotoxin (Botox/Dysport/Xeomin) or dermal fillers can be performed for 7 days following a peel.
- Avoid exercise the day of the peel and stay well hydrated to ensure proper healing of the skin.