

Pre-Treatment

- Notify your medical professional of any medications you have used within the last 6 months.
- If sunburned, please wait until the sunburn subsides before proceeding with treatments.
- Discontinue use of Accutane 6 months before and after your treatment.
- Discontinue use of medications containing Alpha Hydroxy Acids (in facial cleansers), retinoids and exfoliants, etc. 1 week prior to treatment.
- Notify your medical professional if you have a history of Herpes Simplex; cold sores (genital/nasal/perioral).
- Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.
- There is a risk of not growing hair at the site of the treated areas.
- Pre-cooling of the treated area with an ice pack is recommended 5 minutes prior to treatment.
- Please notify our medical professional prior to treatment of any changes in your medical history, medications, pregnancy and irritated skin (sun burn). If pregnancy occurs during the course of treatment, we will postpone treatments until after delivery.
- If you arrive to your appointment and the above pre-treatment has not been followed we will not be able to treat you. A fee will be assessed and your appointment will have to be rescheduled as if you had missed an appointment per our Cancellation Policy.

Post-Treatment

- You may return to your normal daily activities immediately after your treatments. There are no restrictions to bathing. Treat the area as if you had a sun burn, for the first 24 hours.
- Mild redness and swelling may be noted after treatment. Therefore, avoid extended sun exposure or tanning for at least 1-week post treatment
- Do not pick or peel at the site. A scab or crusting may occur and slough off within days or weeks.
- Use of a broad spectrum UVA/UVB minimum of SPF 30 is very important after receiving any laser treatment. Remember to reapply throughout the day.
- Discontinue any chemical peels or exfoliating agents as the skin may become more sensitive after the treatment.

- Avoid use of any cosmetics for 48 hours after treatment. (Make-up, acne treatments, etc.) If you must apply make-up, wait 30 minutes after treatment sessions.
- Keep the area well moisturized as dryness may occur – an oil free lotion is preferred to help the treatment be as effective as possible.
- To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.
- If the area becomes tender, reddened or shows signs of infection, please notify the office immediately during business hours at 903-534-0773. After business hours, please report to the nearest emergency room or urgent care.

Your next scheduled appointment will be _____.