

Pre-Treatment

- Notify your medical professional of any medications you have used within the last 6 months.
- No antibiotics 2 weeks prior to laser treatment or as directed by practitioner.
- Avoid extended sun exposure or tanning for 1-2 weeks pre-treatment.
- Numbing cream cannot be used while breastfeeding if needed.
- Notify your medical professional if you have a history of Herpes Simplex; cold sores (genital/nasal/perioral).
- Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.
- Please notify us prior to treatment of any changes in your medical history, medications, pregnancy and irritated skin (sun burn). If pregnancy occurs during the course of treatment, we will postpone treatments until after delivery.
- Please be aware that the laser is treating the condition, not the underlying systemic cause. Therefore, future recurrence is a possibility. Maintenance treatments may be needed after all scheduled treatments.
- If you arrive to your appointment and the above pre-treatment has not been followed we will not be able to treat you. A fee will be assessed and your appointment will have to be rescheduled as if you had missed an appointment per our Cancellation Policy.

Post-Treatment

- You may return to your normal daily activities immediately after your treatments.
- Keep the area well moisturized with Aquaphor and a broad spectrum UVA/UVB moisturizing SPF, minimum of 30. Remember to reapply throughout the day.
- The area may change color, darken, in the days and weeks following treatment and may form a crust or a scab. This is a normal occurrence during the healing process and should be allowed to slough off on its own. Do not rub, scratch or pick at the treated area to let the treated area naturally heal.
- Avoid extended sun exposure or tanning for one-month post treatment.

- To achieve the best results, complete the full treatment schedule at the intervals recommended by your medical professional.
- Response to treatment depends on sufficient melanin, depth of Rosacea and other factors. Recurrence is common and can be caused by sun exposure, genetic disposition and hormones. Rosacea is a chronic condition that can be controlled rather than cured.
- If the area becomes tender, reddened or shows signs of infection, please notify the office immediately during business hours at 903-534-0773. After business hours, please report to the nearest emergency room or urgent care.

Other recommendations

Your next scheduled appointment will be _____.