

Pre Treatment For Chemical Peel

- Please remember to use all pre-peel home care products suggested by your medical professional. This is to enhance the peeling process and ensure you receive optimal results.
- Contact lenses cannot be worn during skin peels.
- If you are prone to cold sores, a prescription will be needed from your medical provider for an antiviral to avoid post treatment breakouts. Begin the prescription 2 days prior to peel and continue for 5 days after peel.
- Discontinue over the counter Retinol, Glycolic, Alpha Hydroxy Acids , Salicylic, Benzoyl Peroxides and other exfoliation products 3 days prior to peel.
- Discontinue use of prescription Retinoids (Retin-A, Renova, Tretinoin, Avita, Alustra, Adapalene, Avage, Differin, Tazorac, Tazarotene) 7 days prior to peel.
- No waxing, electrolysis, laser or hair removal products or methods 7 days prior to treatment.
- No Neurotoxin (Botox/Dysport/Xeomin), or dermal fillers can be performed within 7 days prior to treatment.
- Self-tanning agents cannot be used for at least 48 hours prior to treatment.

- During the peel you may experience some warmth and flushing. The severity depends on the skin's own sensitivity. Symptoms usually subside after the peel is removed or self- neutralizes.
- Use of Accutane must be discontinued 6 months prior to chemical peel.